



FEBRUARY 7, 2021

Find [adult small groups & devotions](#)

See what's happening in [Youth](#) and [Children's](#) Ministries

Children's online Sunday School:  
TODAY, 10:35am on zoom

Check our website for opportunities to [Serve](#) by providing a meal or making care calls

[Give](#) to our church's mission and ministries

Upcoming Meetings:  
Monday, Feb. 8 – Worship Planning  
Monday, Feb. 15 – Leaders' Council

**Contact us:**

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Heart. Soul. Mind. Body.



## WELCOME TO WORSHIP

Worship online: [Facebook Live](#) or on our [Website](#)

*All words for communal speaking are included below.  
You are encouraged to either speak the words in bold aloud as you worship, and to sing out your praise, or to attend to these words for worship and meditate on their meaning.*

*You are also invited to greet one another and post prayer requests in the [Facebook](#) comments or to fill out the [website](#) connect card.*

### CALL TO WORSHIP

L: Have you not known? Have you not heard?

Even youths will faint and be weary,  
and the young will fall exhausted;

**P: But we who wait for the Lord shall renew our strength.**

L: Gracious God, hear our songs.

Gather us in as one people,  
that we may worship you as one body.

**P: Heal our broken hearts and bind up our wounds  
that we may come into your presence healthy and whole.**

**SONG OF PRAISE**

**“You Are My Vision”**

**OPENING PRAYER**

Powerful God, from the very beginning you blessed creation. You have loved and shielded your people through all joys and trials of life. We come to you this day, rejoicing in the many blessings you have given to us. We open our hearts again to hear your word for us and to gather strength and joy for service in your world. Be with us and bless us again, we pray. Amen.

**SCRIPTURE READINGS**

**1 Kings 19:4-8; Isaiah 40:28-31; 1 Corinthians 6:19-20**

**Jackie & Ron Cook**

**SONG OF PREPARATION**

**“You Say”**

**SERMON**

**“Strengthening Healthy Habits”**

**Rev. Melody Webb**

**PRAYERS OF THE PEOPLE**

**Angela & Carly Cupp**

*Post prayer requests in the [Facebook](#) comments or fill out the [website](#) connect card.*

**LORD’S PRAYER**

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth, as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil, for thine is the kingdom, and the power and the glory forever. Amen.

**OFFERING OUR GIFTS**

*Make your offering [online](#) or mail checks to 1421 W. Broadway St., Polk City, IA 50226 (Attn: Finance Secretary)*

**DOXOLOGY**

Give thanks with a grateful heart  
Give thanks to the Holy One  
Give thanks because He’s given  
Jesus Christ His Son

And now let the weak say I am strong  
Let the poor say I am rich  
Because of what the Lord has done for us  
Give thanks

**PRAYER OF THANKSGIVING**

**Holy Spirit: with astonishment, we see that you renew our strength constantly. Allow us not to forget your presence, even in adversity. And, in our turn, we will renew our gratefulness and we will sing of your everlasting love. Bless these gifts that we offer you today to be used for ministries that strengthen lives and renew hope in our community and in our world. Amen.**

**WORDS OF BLESSING**

May you run and not be weary.  
May you rise up on the wings of eagles.  
May you know without doubt  
that the everlasting God goes with you!

**SONG OF SENDING**

**“Everlasting God”**