



WELCOME TO WORSHIP

August 29, 2021



“Faith From the Inside Out” | August 15 – September 12

We'll finish out the summer with a series based on the Disney Pixar film "Inside Out." The movie follows the emotions and experiences of 11-year-old Riley as her family goes through the transition of moving across the country. Join us as we discover how to live out our faith while balancing the emotions of sadness, fear, anger, disgust and joy!

We are happy to worship together with you!

All words for communal singing and speaking are included in the bulletin. You are encouraged to either speak the words in bold aloud as you worship, and to sing out your praise, or to attend to these words for worship and meditate on their meaning. You are also invited to greet one another and post prayer requests in the [Facebook](#) comments or to fill out the connect card in the bulletin or on the [website](#).

Children are always welcome in worship!

We love to hear their voices and know their presence among us! This summer, we are offering a **Children's Chapel** time during the second half of worship. Children are invited to follow our Children's Ministry leaders for a time of children's worship and fun activities, and will return to their families during the last song.

CONTACT US

Children/Youth Ministry: Lauren Wilken lauren.wilken@polkcityumc.org

Pastor: Melody Webb melody.webb@polkcityumc.org | 314-630-0768

www.facebook.com/polkcityumc | www.polkcityumc.org/online-worship

GATHERING SONG

Verse 1

There's revival and it's spreading
Like a wildfire in my heart
A Sunday morning hallelujah
And it's lasting all week long
Can you hear it
Can you feel it
It's the rhythm of a gospel song
Oh once you choose it you can't lose it

“Old Church Choir”

Pre-Chorus

(Oh 'cause) There ain't nothing
There ain't nothing gonna steal my joy

Chorus

I've got an old church choir singing in my soul
I've got a sweet salvation and it's beautiful
I've got a heart overflowing
'Cause I've been restored

(No) there ain't nothing gonna steal my joy
No there ain't nothing gonna steal my joy

Verse 2

When the valleys that I wander
Turn to mountains that I can't climb
Oh You are with me You never leave me

Bridge

Clap your hands and stomp your feet
'Til you find that gospel beat
'Cause He's all you'll ever need

All you'll ever need
Clap your hands and stomp your feet
'Til you find that gospel beat
'Cause He's all you'll ever need
All you'll ever need

Interlude

I've got an old church choir singing in my soul
I've got a sweet salvation and it's beautiful

Ending

Oh there ain't nothing gonna steal my joy

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WELCOME

Please record your presence in the [Facebook comments](#) or the Attendance Card [on our website](#) or in the bulletin

CALL TO WORSHIP

L: Lord, we come today, seeking your presence and your healing love.

P: Release us from the blindness of indifference and self-importance.

L: We come here seeking guidance and strength.

P: Give us hearts and hands willing to reach out to people in need wherever we find them.

L: Gather us in, Lord, and open our hearts to receive your word.

P: Open our hearts, our spirits, and our souls to comprehend your word and follow you faithfully.

SONG

“You Are My Vision”

Verse 1

You are my vision O King of my heart
Nothing else satisfies only You Lord
You are my best thought by day or by night
Waking or sleeping Your presence my light

I don't want riches or man's empty praise
You're my inheritance now and always
You and You only the first in my heart
High King of heaven my treasure You are

Verse 2

You are my wisdom You are my true word
I ever with You and You with me Lord
You're my great Father and I'm Your true son
You dwell inside me together we're one

Verse 2

High King of heaven when victory's won
May I reach heaven's joy O bright heaven's Son
Heart of my own heart whatever befall
Still be my vision O Ruler of all

Verse 3

Heart of my own heart whatever befall
Still be my vision O Ruler of all

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CHILDREN'S CHAPEL

Children are invited to a time of children's worship, bible story & activities and will return during closing song

OFFERING OUR GIFTS

Make your offering [online](#) or mail checks to 1421 W. Broadway St., Polk City, IA 50226 (Attn: Finance Secretary)

UNISON PRAYER

God of mercy, you know us so well. We like to think that we can hide from You, but we are just kidding ourselves. You have offered to us new life, characterized by honesty, compassion, joy, and peace. You have invited us into ministries of peace and justice; but we have far too often turned our back on opportunities for service and witness to your

transformational love. Forgive us for our stubbornness. Help us to turn around and listen to your words of hope. Remind us again that you require compassion and mercy in all who serve you; that you will guide our steps and our lives. Help us to become more faithful servants in our thoughts, words, and deeds. AMEN.

JOYS & CONCERNS

Turn to a neighbor to share joys and concerns, or submit prayer requests in the [Facebook comments](#) or the Attendance Card [on our website](#) or in the bulletin

PASTORAL PRAYER / LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth, as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil, for thine is the kingdom, and the power and the glory forever. Amen.

SONG OF REFLECTION

"Hear Us from Heaven"

Verse 1

Lord hear our cry

Come heal our land

Breathe life into these dry and thirsty souls

Lord hear our prayer

Forgive our sin

And as we call on Your name

Would You make this a place for Your glory to dwell

Crying out in desperation

Verse 2

Lord hear our cry

Your children worship

As we sing out Your praise

Would You make this a place

For Your glory to dwell

Chorus

Open the blind eyes

Unlock the deaf ears

Come to Your people

As we draw near

Hear us from heaven

Touch our generation

We are Your people

Bridge

Hear us from heaven

Hear us from heaven

Hear us from heaven

Hear us from heaven

Hear us from heaven

Hear us from heaven

(REPEAT)

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SCRIPTURE READINGS

Amos 5:4, 6, 10-14, 21-24

⁴ Now this is what the Lord says to the family of Israel: "Come back to me and live! ⁶ Come back to the Lord and live! Otherwise, he will roar through Israel like a fire, devouring you completely. Your gods in Bethel won't be able to quench the flames. ¹⁰ How you hate honest judges! How you despise people who tell the truth! ¹¹ You trample the poor, stealing their grain through taxes and unfair rent. Therefore, though you build beautiful stone houses, you will never live in them. Though you plant lush vineyards, you will never drink wine from them. ¹² For I know the vast number of your sins and the depth of your rebellions. You oppress good people by taking bribes and deprive the poor of justice in the courts. ¹³ So those who are smart keep their mouths shut, for it is an evil time. ¹⁴ Do what is good and run from evil so that you may live! Then the Lord God of Heaven's Armies will be your helper, just as you have claimed. ²¹ "I hate all your show and pretense—the hypocrisy of your religious festivals and solemn assemblies. ²² I will not accept your burnt offerings and grain offerings. I won't even notice all your choice peace offerings. ²³ Away with your noisy hymns of praise! I will not listen to the music of your harps. ²⁴ Instead, I want to see a mighty flood of justice, an endless river of righteous living.

Revelation 3:15-19

¹⁵ "I know all the things you do, that you are neither hot nor cold. I wish that you were one or the other! ¹⁶ But since you are like lukewarm water, neither hot nor cold, I will spit you out of my mouth! ¹⁷ You say, 'I am rich. I have everything I want. I don't need a thing!' And you don't realize that you are wretched and miserable and poor and blind and

naked. ¹⁸ So I advise you to buy gold from me—gold that has been purified by fire. Then you will be rich. Also buy white garments from me so you will not be shamed by your nakedness, and ointment for your eyes so you will be able to see. ¹⁹ I correct and discipline everyone I love. So be diligent and turn from your indifference.

SERMON

“Overcoming Disgust”

Pastor Melody Webb

SONG OF SENDING

“Come Thou Fount of Every Blessing”

1. Come Thou fount of ev'ry blessing
Tune my heart to sing Thy grace
Streams of mercy never ceasing
Call for songs of loudest praise
Teach me some melodious sonnet
Sung by flaming tongues above
Praise the mount I'm fixed upon it
Mount of Thy redeeming love

Wand'ring from the fold of God
He to rescue me from danger
Interposed His precious blood

2. Here I raise mine Ebenezer
Hither by Thy help I'm come
And I hope by Thy good pleasure
Safely to arrive at home
Jesus sought me when a stranger

3. O to grace how great a debtor
Daily I'm constrained to be
Let Thy grace Lord like a fetter
Bind my wand'ring heart to Thee
Prone to wander Lord I feel it
Prone to leave the God I love
Here's my heart Lord take and seal it
Seal it for Thy courts above

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QUESTIONS FOR REFLECTION OR DISCUSSION

- When can disgust be helpful? When can it be inhibiting?
- Disgust is an innate reaction, but the things that trigger it are mostly learned. Discuss how this plays out in how we experience disgust. *(think across different context & cultures)*
- What is God disgusted by? Why?
- What are healthy ways to process and respond to disgust?
- Disgust, anger and fear are considered negative emotions. Is it possible to still achieve positive outcomes with these emotions? Why or why not?

PRAYER FOR THE WEEK

Gracious God, we give thanks for your enduring love and grace, that you knew us before we ever were and sent Jesus to redeem us while we were still sinners. Help us to continue naming and engaging with our emotions so we can be in Christian community with one another. To know and trust that you are in control and will lead us not into temptation but deliver us from evil. We pray in Jesus' name, Amen.

ATTENDANCE CARD *please fill out this portion, then tear off and drop in the offering*

Name(s): _____

Prayer Request: _____

NEW / UPDATED CONTACT INFO:

Email: _____ **Phone:** _____

Address: _____