



## WELCOME TO WORSHIP

August 22, 2021



### “Faith From the Inside Out” | August 15 – September 12

We'll finish out the summer with a series based on the Disney Pixar film "Inside Out." The movie follows the emotions and experiences of 11-year-old Riley as her family goes through the transition of moving across the country. Join us as we discover how to live out our faith while balancing the emotions of sadness, fear, anger, disgust and joy!

#### We are happy to worship together with you!

All words for communal singing and speaking are included in the bulletin. You are encouraged to either speak the words in bold aloud as you worship, and to sing out your praise, or to attend to these words for worship and meditate on their meaning. You are also invited to greet one another and post prayer requests in the [Facebook](#) comments or to fill out the connect card in the bulletin or on the [website](#).

#### Children are always welcome in worship!

We love to hear their voices and know their presence among us! This summer, we are offering a **Children's Chapel** time during the second half of worship. Children are invited to follow our Children's Ministry leaders for a time of children's worship and fun activities, and will return to their families during the last song.

#### CONTACT US

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[www.facebook.com/polkcityumc](https://www.facebook.com/polkcityumc) | [www.polkcityumc.org/online-worship](https://www.polkcityumc.org/online-worship)

#### GATHERING SONG

Verse 1

God I'm on my knees again  
God I'm begging please again  
I need You Oh I need You  
Walking down these desert roads  
Water for my thirsty soul  
I need You Oh I need You

Chorus

#### “Holy Water”

Your forgiveness  
Is like sweet sweet honey on my lips  
Like the sound of a symphony to my ears  
Like holy water (on my skin)

Verse 2

I've been walking bound to sin  
I wanna know about coming home again  
I need You Oh God I need You

So take me to the riverside  
Take me under baptize  
I need You Oh God I need You oh

It's the only thing that ever really  
Makes me wanna change

Bridge  
I just wanna feel Your grace  
God I need it ev'ry day

Ending  
Yeah it's like holy water on my skin  
Oh it's like holy water

*CCLI Song # 7136448 | Andrew Bergthold | Ed Cash | Franni Cash | Martin Cash | Scott Cash | © 2019 Andrew Bergthold Designee (Admin. by Capitol CMG Publishing) | CCLI License # 2419923*

## WELCOME

Please record your presence in the [Facebook comments](#) or the Attendance Card [on our website](#) or in the bulletin

## CALL TO WORSHIP

One: Come, let us put away all things that divide us and love one another.

**Many: For we are members of one another.**

One: Come; let us not be divided from one another by gender, race, color, or status.

**Many: For we are members of one another.**

One: Come; let us put away lies, anger, stealing, and corrupt words.

**Many: For we are members of one another.**

One: Come; let us put away bitterness, wrath, clamor, and malice.

**Many: For we are members of one another.**

One: Come; let us put away uncleanness, idolatry, and deception.

**Many: For we are members of one another.**

One: Together let us speak truth, labor together, and do what is good and edifying to the Lord.

**Many: Let us be imitators of God, walk as the children of God, and love as Christ first loved us.**

One: Come, let us be the people of God we are called to be.

**Many: For we are saints, God's chosen people, and members of one another. AMEN.**

## SONG

### "Lord Reign in Me"

Over all the earth You reign on high  
Every mountain stream every sunset sky  
But my one request Lord my only aim  
Is that You'd reign in me again

You are the Lord of all I am  
So won't You reign in me again

### Chorus

Lord reign in me reign in Your pow'r  
Over all my dreams in my darkest hour

Over every thought over every word  
May my life reflect the beauty of my Lord  
'Cause You mean more to me  
Than any earthly thing  
So won't You reign in me again

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## BLESSING OF THE BACKPACKS

## CHILDREN'S CHAPEL

*Children are invited to follow children's ministry leaders to the Wing in the Woods & will return during closing song*

## OFFERING OUR GIFTS

Make your offering [online](#) or mail checks to 1421 W. Broadway St., Polk City, IA 50226 (Attn: Finance Secretary)

## UNISON PRAYER

**O wondrous God, on this holy day, we have gathered together once again to celebrate your presence among us, to praise you, and to thank you for all you have given us. May this time of worship strengthen and refresh us and fill us**

with such joy that we cannot help but share it with everyone around us. Though we are very different people, with many different talents and gifts, make us one in your Spirit. As we give our gifts this morning, we are reminded that our generosity strengthens us and the whole body, here and in the farthest parts of the globe. Amen.

## JOYS & CONCERNS

Turn to a neighbor to share joys and concerns, or submit prayer requests in the [Facebook comments](#) or the Attendance Card [on our website](#) or in the bulletin

## PASTORAL PRAYER / LORD'S PRAYER

**Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth, as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil, for thine is the kingdom, and the power and the glory forever. Amen.**

## SONG OF REFLECTION

### "Lord, I Need You"

#### Verse 1

Lord I come I confess  
Bowing here I find my rest  
And without You I fall apart  
You're the one that guides my heart

#### Chorus 1

Lord I need You oh I need You  
Ev'ry hour I need You  
My one defense my righteousness  
Oh God how I need You

#### Verse 2

Where sin runs deep Your grace is more  
Where grace is found is where You are  
And where You are Lord I am free  
Holiness is Christ in me  
Where You are Lord I am free

Holiness is Christ in me

#### Bridge

So teach my song to rise to You  
When temptation comes my way  
And when I cannot stand I'll fall on You  
Jesus You're my hope and stay  
And when I cannot stand I'll fall on You  
Jesus You're my hope and stay

#### Chorus 2

Lord I need You oh I need You  
Ev'ry hour I need You  
My one defense my righteousness  
Oh God how I need You  
My one defense my righteousness  
Oh God how I need You

*CCLI Song # 5925687 | Christy Nockels | Daniel Carson | Jesse Reeves | Kristian Stanfill | Matt Maher | © 2011 sixsteps Music (Admin. by Capitol CMG Publishing) | CCLI License # 2419923*

## SCRIPTURE READINGS

### Ephesians 4:21-27

<sup>21</sup> Since you really listened to [Christ] and you were taught how the truth is in Jesus, <sup>22</sup> change the former way of life that was part of the person you once were, corrupted by deceitful desires. <sup>23</sup> Instead, renew the thinking in your mind by the Spirit <sup>24</sup> and clothe yourself with the new person created according to God's image in justice and true holiness.

<sup>25</sup> Therefore, after you have gotten rid of lying, *Each of you must tell the truth to your neighbor* because we are parts of each other in the same body. <sup>26</sup> *Be angry without sinning.* Don't let the sun set on your anger. <sup>27</sup> Don't provide an opportunity for the devil.

### James 1:19-25

<sup>19</sup> Know this, my dear brothers and sisters: everyone should be quick to listen, slow to speak, and slow to grow angry. <sup>20</sup> This is because an angry person doesn't produce God's righteousness. <sup>21</sup> Therefore, with humility, set aside all moral filth and the growth of wickedness, and welcome the word planted deep inside you—the very word that is able to save you. <sup>22</sup> You must be doers of the word and not only hearers who mislead themselves. <sup>23</sup> Those who hear but don't do the word are like those who look at their faces in a mirror. <sup>24</sup> They look at themselves, walk away, and immediately forget what they were like. <sup>25</sup> But there are those who study the perfect law, the law of freedom, and continue to do it. They don't listen and then forget, but they put it into practice in their lives. They will be blessed in whatever they do.

**SONG OF SENDING**

1. Holiness holiness  
 Is what I long for  
 Holiness is what I need  
 Holiness holiness  
 Is what You want from me

2. Faithfulness faithfulness  
 Is what I long for  
 Faithfulness is what I need  
 Faithfulness faithfulness  
 Is what You want from me

**“Take My Life (Holiness)”**

*Chorus*  
 So take my heart and form it  
 Take my mind transform it  
 Take my will conform it  
 To Yours to Yours oh Lord

3. Righteousness righteousness  
 Is what I long for  
 Righteousness is what I need  
 Righteousness righteousness  
 Is what You want from me

*CCLI Song # 1617154 | Scott Underwood | © 1995 Mercy / Vineyard Publishing (Admin. by Integrity Music) | CCLI License # 2419923*

**QUESTIONS FOR REFLECTION OR DISCUSSION**

- Which emotions are in your control panel? Which one is in the driver’s seat?
- What causes anger for you and why?
- How do you currently respond to situations that evoke anger?
- Does anger mask any of your other emotions? Which ones?
- Can anger ever be used in a good way? Why or why not?
- Where else can anger be found in the Bible? What do we learn from that example?

**PRAYER FOR THE WEEK**

Gracious and forgiving God, we come to you as we are. We might be reflecting on a moment this week where our emotions responded before we listened. Help us to remember to stop, listen and let your words guide our reply. We might also be reflecting a held feeling of anger, resentment or frustration. Help us to prayerfully approach processing the memory and crafting a Christian response that is offered in peace. It is in your name we pray, Amen.

**ATTENDANCE CARD** *please fill out this portion, then tear off and drop in the offering*

**Name(s):** \_\_\_\_\_

**Prayer Request:** \_\_\_\_\_

**NEW OR UPDATED CONTACT INFO:**

**Email:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Address:** \_\_\_\_\_